

# DIGITAL CITIZENSHIP

Made Easy & Fun!

**School Programs  
that Build:**

- Online Safety
- Online Awareness
- Online Kindness



[www.whiteribbonweek.org](http://www.whiteribbonweek.org)



Introducing:

# White Ribbon Week

**White Ribbon Week** is a positive Digital Citizenship program for schools to help students make healthy choices in media and technology. There are currently 4 White Ribbon Week themes. Each explores a different aspect of online safety and responsibility.

Each booklet includes a planning checklist, a detailed daily outline and step-by-step guide so **any volunteer can organize a successful White Ribbon Week** in their own neighborhood school. The program is research-based and endorsed by national experts.



White Ribbon Week is fun! Kids learn critical skills while having a blast!

White Ribbon Week language and themes are positive and **age-appropriate** for kindergarten through middle school.

White Ribbon Week is **pro-technology**. It promotes using tech for good, for productivity, creativity, innovation and connection.  
#usetech4good



Parent & Teacher favorite!

White Ribbon Week has a **100% approval rating** from administrators and teachers.

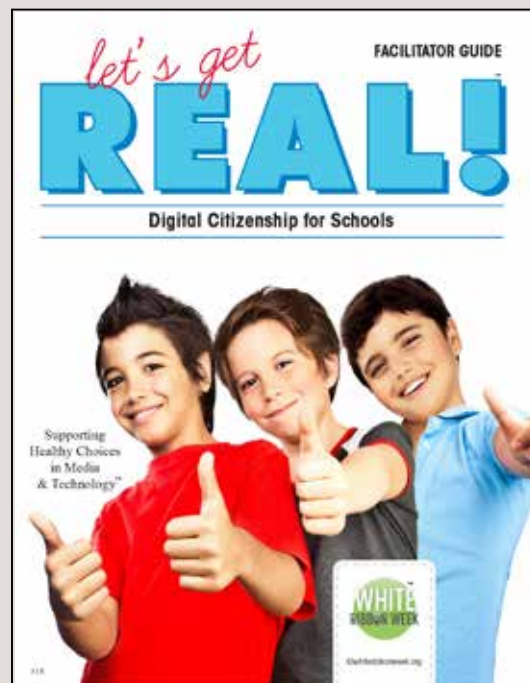


Each booklet includes:

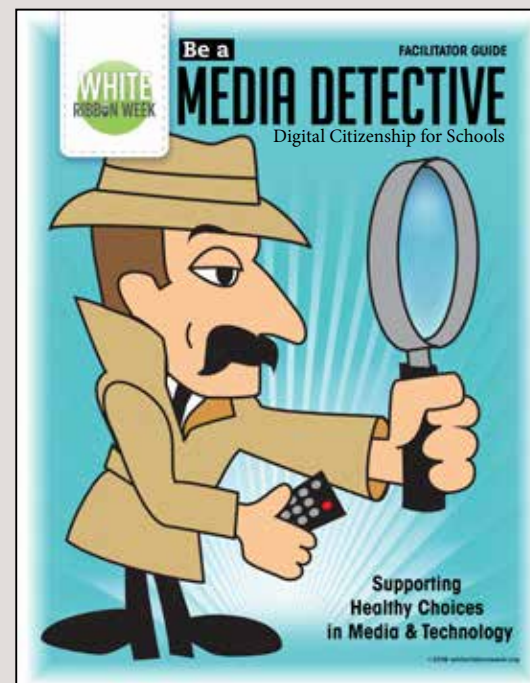
- Morning announcements
- Videos
- Class discussions
- Reproducibles
- Lunchtime activities
- And something extra just for fun!



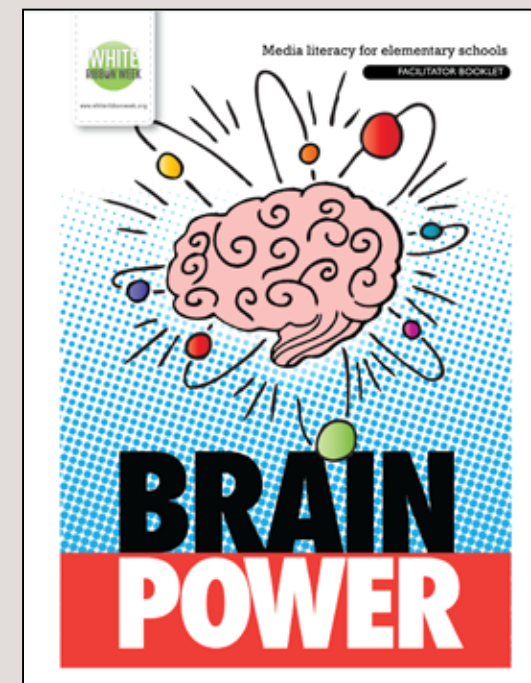
**I've Got the Power** celebrates personal power. It encourages kids to take an active role in what they view or do online. Kids memorize 5 "Power Boosts" (positive principles of online behavior) to participate in a fun lunchtime activity each day.



**Let's Get Real** helps students become more aware of their digital time and to create a healthy balance with real life activities. It helps kids practice using technology for kindness and respect.



**Media Detective** is a media literacy program that gives students 5 powerful tools to evaluate media. When kids analyze media in their Detective Clue Book and earn their Media Detective Mustache.



**Brain Power** celebrates how amazing the brain is while teaching children to protect themselves against media brain dangers. Based on current brain science, students learn how to boost brain power and how to protect the brain.

**White Ribbon Week positively addresses:**

- Cyberbullying
- Personal safety
- Indecent media
- Distorted body image
- Excessive screen time
- Scams and deceptive media
- Violent media
- Strategies of marketing

"When I discovered these booklets I was thrilled. The entire week was planned for me. Preparing my week was quick and easy. As I taught children, I knew it would change lives.

As the Family Life Commissioner of my State PTA, I would like to see this program in every elementary school in the nation."

**Linda Zenger**  
State PTA Family Life Commissioner

"White Ribbon Week empowers children to take an active and thoughtful role in their online choices.

These high-quality and engaging materials are worthy of inclusion in every school's repertoire for combating Internet pornography, online predation, cyberbullying and other risks the Internet era has brought forth into our homes and schools."



**Donna Rice Hughes**  
President & CEO,  
Enough Is Enough

"You don't need to be a technology expert to implement this program. It's easy and meaningful. I saw students begin to make healthier choices and question what they saw online.

I would recommend this program to help develop healthy attitudes towards media and technology."



**Julie Mootz,**  
Elementary  
School Principal

"If all children across the country could be exposed to this innovative program, we would have a fighting chance of curbing cyberbullying and Internet addictions, and promoting positive digital citizenship."



**Jill Manning, Ph.D.**  
Mental Health  
Practitioner &  
Researcher





# *Sneak Peek* I've Got The Power

This step-by-step **Facilitator Guide** makes organizing a White Ribbon Week easy and doable.

Students learn and memorize a “Power Boost” each morning. These **positive statements** become the password to participate in fun lunchtime activities.

Everything you need is right in this booklet including tips for getting started, letter to parents and a fun review activity.



Each White Ribbon Week program includes something extra **just for fun**. In I've Got the Power, students design a superhero with real life super powers.

“We did it!! We carried out an awesome “I’ve Got the Power” White Ribbon Week. We had hundreds of entries to our coloring contest, a super fun photo booth, daily announcements and lunchtime activities. Huge success!

Thank you so much for this great program.”  
—Jamie J. Parent



I've Got the Power **helps families**. 63% of students report teaching a power boost to others at home.

## What is “I’ve Got The Power?”



White Ribbon Week has an important lesson for children being hit with millions of media messages each day.

It's simple and easy to understand: “I’ve Got the Power.”

- 1 I have the power to not view embarrassing pictures or share hurtful words.
- 2 I have the power to turn it off.
- 3 I have the power to tell a trusted adult if anything doesn't feel right.
- 4 I have the power to ask before I download.
- 5 I have the power to help my friends make safe choices online.

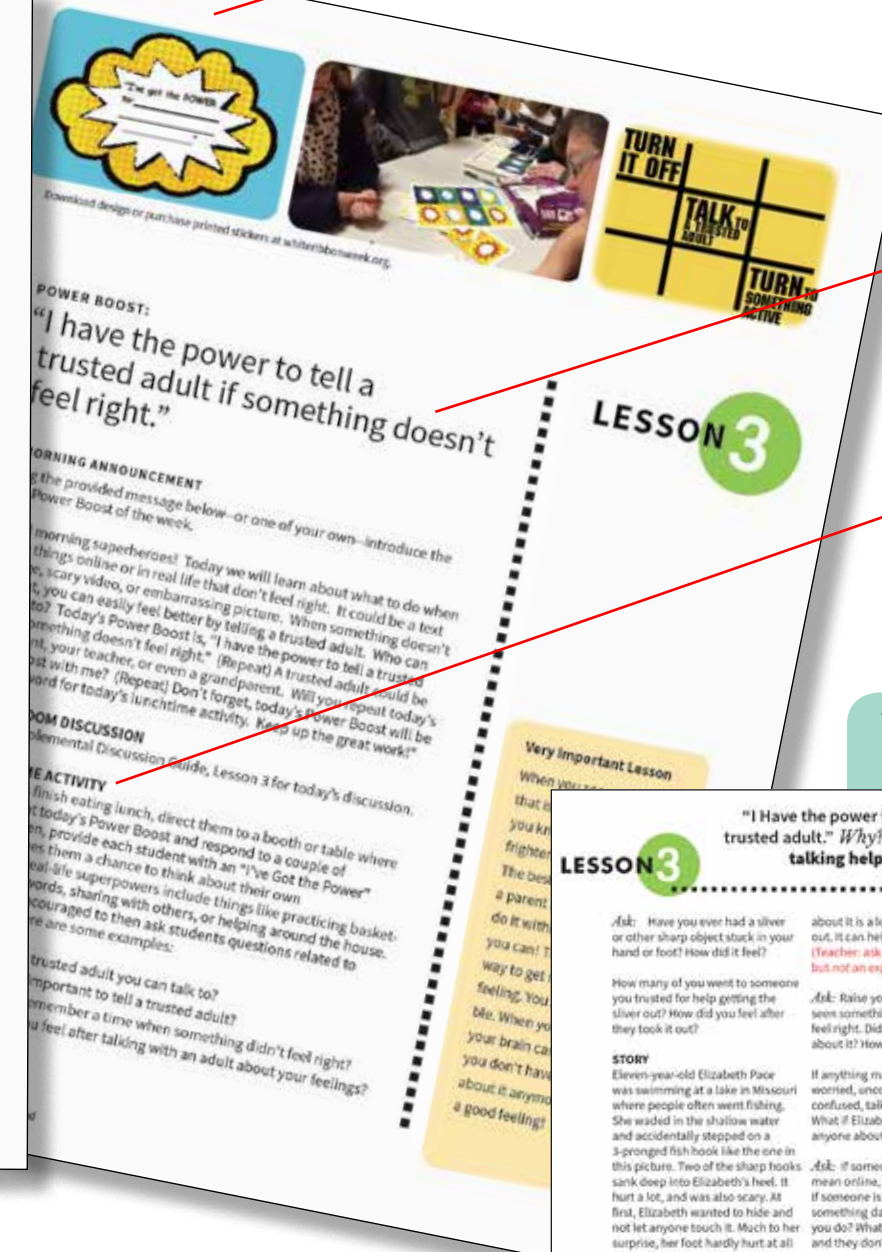
“I’ve Got the Power” is about empowerment. Children not only learn skills that will keep them safe, but also learn they can be better students, friends, consumers and community members as they use technology for good. The messages are pro-technology and direct them to parents or other trusted adults when they have questions.

After participating in the week-long program, children will understand they can make healthy choices in media and technology. They will know they are in charge of what they view, play, post, like, or share.

### What's a power pose?

Did you know your body language not only affects how others see you, but how you see yourself? When you assume a “power pose,” even just for two minutes a day, it increases confidence, boosts ability and actually increases your chance for success! (Check out the TEDtalk by Amy Cuddy at ted.com) This is why we ask students to assume the power pose when reciting power boosts at lunchtime. One effective power pose looks like this—hands on hips, chest out, shoulders back and chin up!

Wearing a sticker home helps encourage discussions with Mom or Dad.



“I’ve Got the Power” is all about empowerment. Students learn they have the **power over what they view, play, post, like or share**. Their confidence grows in making decisions not only about media but in all areas of their lives.

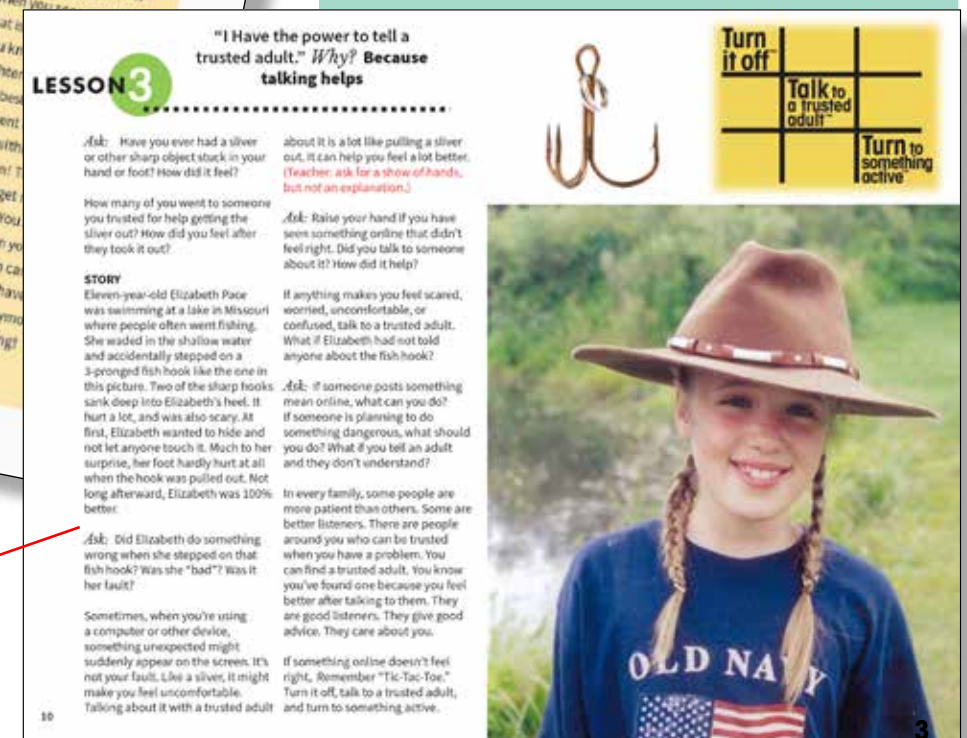
Each morning, students learn a “Power Boost”— a statement of positive online behavior that becomes their “password” for participating in fun lunchtime activities.

Power Boosts have stickability. Kids remember them and apply them even years later.

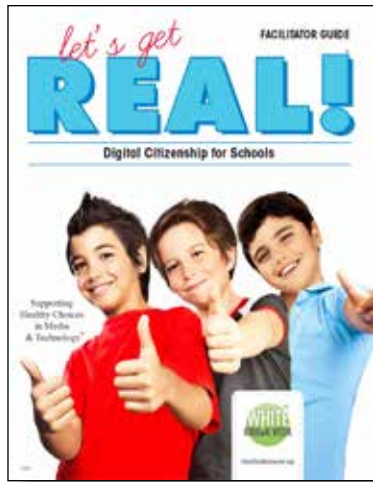
During daily **lunchtime activities**, students recite the “password” and participate in a fun activity reinforcing the principle.

This **Discussion Guide** helps each teacher lead meaningful class discussions each day.

Classroom discussions share a **real-life story** to help kids explore why the Power Boost matters.







# *Sneak Peek* Let's Get Real

Let's Get Real can be accomplished with a small budget, minimal class time and just a few volunteers.

Stress-free word-for-word announcement provided each day.

Examples of daily **Power Boosts** include:

- "I will use technology to show kindness and respect."
- "I will give priority to real life relationships."
- "I will choose healthy activities to handle stress and boredom."

Reproducible pages included in the booklet.

Children have an innate need for emotional closeness. But all too often, the devices intended to bring connect us may actually keep us isolated from others.

**Let's Get Real** helps students become more aware of their digital time and to give priority to real life. Students practice fun ways to use technology for kindness and respect and end the week with a slide show featuring themselves enjoying their favorite real life fun.

Organizing the week is as easy as A, B, C! **Anyone can do it!** Everything is spelled out step-by-step in the Facilitator Guide.



Kids explore healthy ways to handle stress and boredom.



White Ribbon Week engages parents and teachers too—a network of **positive media mentors** for children.

"We love 'Let's Get Real'. The kids enjoyed writing and posting positive 'texts' throughout the school. Awesome week!

—Natasha B.  
Second Grade Teacher

5 Day Calendar gives a quick view of what's coming.

Classroom discussions help students understand why kindness online matters.

@whiteribbonweek.org

**LESSON 1**

### Let's Get Real Daily Outline

**POWER BOOST:**  
"I will use technology to show kindness and respect."

The following outline will serve as your template for this week's activities. Its as simple as ABC!

**A: MORNING ANNOUNCEMENT:**  
Use the message below—or one of your own to introduce the week. We will focus on how to Get Real! Each day we'll learn a new Power Boost to help us balance our digital life and real life. Listen carefully, because these messages are the passwords to participate in fun lunchtime activities each day.

Today's Power Boost is, "I will use technology to show kindness and respect." Can you repeat it out loud with me in your own classrooms? (Repeat.) Words have great power, and they can either hurt others or help them feel happy. Before you send a text or post something online, ask yourself, "Is this something I would say to that person if they were here? Will this help them feel good?" "How would I feel if someone said this about me?" Say today's Power Boost again. (Repeat.)

**B: CLASSROOM DISCUSSION**  
Teachers are encouraged to facilitate a short classroom discussion about today's Power Boost. See the Supplemental Discussion Guide, Lesson 1 for today's topic. Take-home challenge: Send a positive message using technology.

**C: LUNCH TIME ACTIVITY**  
After lunch, direct students to a designated table or classroom to repeat today's Power Boost to a volunteer (individually or in a small group). Volunteers ask students 2-3 follow up questions from the list below. Give students a cell phone handout (p. 11) and colored marker to "send" a kind text to someone. "Post" the texts on a large paper banner in a prominent hallway.

Suggested follow-up questions:

- Why is showing kindness and respect important?
- How can our words affect other people?
- How can one says something unkind or hurtful to you?
- What can you do if someone says something unkind or hurtful to you?
- Can you think of other ways to use technology to show kindness?

Volunteers (not students) should read and "post" each cell phone message to ensure that each is positive.

To: Grampa  
Message: I hope you are ok I hope you make some new friends love Alden

I will use technology to show kindness and respect to everyone.

### Week at a Glance

Implementing "Let's Get Real" is as easy as ABC.

**A. Morning Announcement—**  
Each day starts with a White Ribbon Week announcement over the intercom to the entire school. Recite the Power Boost and ask students to repeat it with you in their own classrooms. Let them know this Power Boost will be the "password" requested at the lunch time activity each day. (Announcement included in each day's lesson).

**B. Classroom Discussion—**  
Teachers lead students in a 10-minute classroom discussion directly following the morning announcement. Discussion questions help students understand the "why" of the principle and explore ways to apply it. The accompanying discussion guide includes stories, follow-up questions, and optional classroom activities.

**C. Lunchtime Activity—**  
After eating lunch, students are invited to come individually or in small groups to the back of the lunchroom or a designated classroom where they repeat the password (Power Boost) to a volunteer. The volunteer asks 2-3 follow-up questions from those provided in each day's lesson. The child is then rewarded with a small prize or fun activity reinforcing the principle.

**For extra fun this week:** Raffle: Prior to Monday, give the teachers raffle tickets and an envelope. Students who complete the take-home challenge from the previous day get a raffle ticket. They can write their name on it, and add it to the class envelope. On Friday, all envelopes are taken to the office. Winners are read over the PA system or during a school wide review assembly. Solicit community donations for prizes that encourage real activity, such as jump-ropes, balls, art books, puzzles, or passes for bowling, rock-climbing, roller skating, or swimming.

**Or create a "Real Life" Slideshow:** Monday, encourage students to send a photo of themselves enjoying a real-life activity! It could be anything—jumping on a trampoline or playing with a dog, practicing the violin or making cookies with Mom. Combine all the photos in with some upbeat music to present at a review assembly on the last day of the week.

**Monday**  
Morning Announcement Power Boost: "I will use technology to show kindness and respect."  
Classroom discussion: Why? Because kindness matters.  
Challenge: Send a positive message using tech.  
Lunchtime activity: Send a positive "text".  
Announce the day & time of Parent Meeting.

**Tuesday**  
Morning Announcement Power Boost: "I will give priority to real life relationships."  
Classroom discussion: Why? Because we need real life.  
Challenge: Create a tech-free zone at home.  
Lunchtime activity: Create a pennant.

**Wednesday**  
Morning Announcement Power Boost: "I will choose healthy activities to handle stress and boredom."  
Classroom discussion: Why? Because we need healthy ways to handle tough emotions.  
Challenge: Choose 3 ways that work for you.  
Lunchtime activity: Stress-busting activities.

**Thursday**  
Morning Announcement Power Boost: "I will choose to balance my day."  
Classroom discussion: Why? Because I'm in charge of how I spend time. (circle graph).  
Challenge: Show your circle graph to a parent.  
Lunchtime activity: Balancing activities.

Each teacher will need their own Discussion Guide.

**LESSON 1**

### "I will use technology to show kindness and respect."

Ask: Have you ever been bullied? What do bullies do? Do they always hurt someone physically?

Cyberbullying is a very serious type of bullying. It is being cruel to others by sending mean or threatening messages using phones or the Internet.

If someone sends a lot of mean text messages, that's cyberbullying. If someone shares pictures to embarrass someone, that's cyberbullying. If someone uses media to scare someone, even if they are just joking, that's cyberbullying. Purposefully excluding someone is bullying. These things hurt a lot!

day. The next morning before school, Caitlin placed a kind note on every single locker at her school.

Can you imagine how the other students felt when they arrived at school? Many students kept the notes because they made them feel so good. Within days, the whole town jumped on board and began leaving nice notes for one another anonymously. The city of Andrie later passed a resolution declaring Oct 9th as "Positive Post-It Day."

Words have a lot of power. A few small words can make someone hurt deeply for years or make someone feel so good! What kind of messages do you send?

Ask: Is sending an embarrassing photo funny or mean?

What if someone sends you an unkind text or embarrassing photo? (Do not delete yet, but show it to a trusted adult, not another student.)

Who can see the things you put online? Can you delete posts?

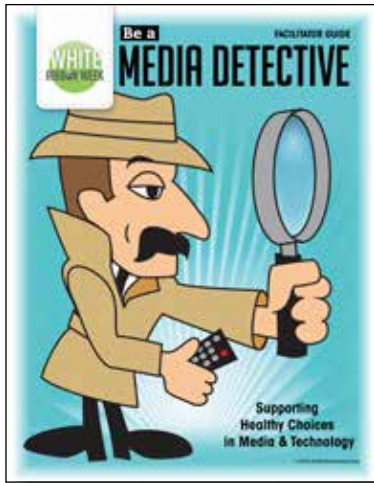
What can you do if something posted online makes you sad? Remember how Caitlin's choice to be kind spread. People who are hurt often try to hurt back. Kindness can also be contagious. Let's say the Power Boost: "I will use technology to show kindness and respect."

**STORY**  
Caitlin Prater-Haack was attending High School in Alberta, Canada. Someone broke into her locker, stole her tablet, and posted a message saying she "should just die." She felt hurt and sad. Ask: What do you think Caitlin did?

Caitlin felt awful reading those mean words. She never wanted anyone else to feel that way. So she responded with kindness. Caitlin bought lots of Post-It notes. She wrote a positive message on each one, such as, "You are beautiful," "You're awesome!" "Believe in yourself!" "You are loved." She wrote 850 positive messages that







Sneak Peek

# Media Detective

**Be a Media Detective** gives kids real skills to analyze media critically. It empowers them to be purposeful in their choices.

Student Detectives search the school for 36 hidden positive media messages and analyze media to earn their Media Detective Mustache.

**Excitement is in the air** as Student Detectives search the school for 36 “hidden” positive media messages.



Boys and girls create a half-page “**Detective Clue Book**” to analyze media and earn their Media Detective Mustache.



“We had **unbelievable discussions** every morning. The learning extends beyond the classroom. The students take it home and teach their families. They discuss it around the dinner table. Kids are using it and keeping it in their lives for years to come.”

—Monica Rottermund  
4th grade teacher

## Facilitator Guide

### Media Message Hunt

Just prior to your White Ribbon Week, “hide” the 36 Media Message cards in plain sight around your school — in the lunchroom, on a ceiling, by the drinking fountain.

The students’ job is to search for these messages. Teachers may choose to take students together as a class to search, or allow students to quietly search on their own.

Students **DO NOT** remove cards, but memorize the messages to share with the class, where they are recorded on a classroom poster. Your White Ribbon Week Committee can offer a special reward to classes that find all thirty six “hidden” messages.

Teachers can keep the poster in their classroom for several weeks after White Ribbon Week to remind students of positive media behaviors.



Instruct students when they may search and how to do it without disturbing other classes.



Adhesive poster makers can be cut into strips and adhered to a blank 24" x 28" poster board. Teachers or students write the message next to its number as students find each card.



Teaches kids to think twice before they click.

©whiteribbonweek.org

Daily video links included in each lesson.

### “Is it TRUE?”

**A: MORNING VIDEO**  
Students start their day with a short video to introduce the first Detective Question of the week. You can present the following video clip over a school-wide system, or provide the link for teachers to show on their individual computers.  
Lesson 1 video link: [goo.gl/C5Gxjp](http://goo.gl/C5Gxjp)

**B: CLASSROOM DISCUSSION**  
Teachers facilitate a short classroom discussion following the video. The discussion will help students think carefully about media and ask themselves if the message may be false or misleading. See the Supplemental Discussion Guide.  
Lesson 1 for today's discussion materials.

**C: LUNCHTIME MEDIA WALK**  
Prepare a gallery of enlarged media examples such as ads, “click here” offers, and digitally altered images. After students finish eating lunch, direct them to a designated part of the cafeteria or empty classroom where the Media Walk gallery is displayed.

Volunteers ask students: “Is it TRUE?” “How can you tell?” “Is there anything misleading or deceptive?” A small penny candy or stamp can be given to reward students for participating. (optional)

Today is a good day for teachers to pass out and for students to create their Detective Clue Books.



Each day students enjoy a **media walk** to evaluate a gallery of real-life media examples.

Kids learn an important “**Word of the Day**” such as “Clickbait” or “Phishing”.

## LESSON 1

### Word of the Day:

**Fake news**  
Any information deliberately meant to be false or misleading. Sometimes there are honest mistakes. They should be corrected, but are not fake news.

**Unable to show daily videos?**  
A morning school-wide announcement can introduce the daily question instead. Use the announcement below or one of your own.

“Good morning students. We’re excited for White Ribbon Week. Each day this week we will practice being a Media Detective.”

### LESSON 1 “Is it TRUE?”

The first question a Media Detective learns to ask is, “Is it true?”

Raise your hand if you have ever taken a true or false quiz. We all know how it works. The answer is either true or false. Things that are completely false can be easy to spot, but the most misleading media is often partially true. Things you see on TV, in movies, or on web sites may be partially true. This can be tricky.

Take a look at this ad for an awesome backyard swimming pool. It was hot outside, and three-year-old Sophie was excited to splash in her new pool with her friend and her mom.

What does it mean if something is exaggerated, or sensationalized, or misleading?

What should you do if you see something on TV or Internet which doesn't seem true or makes you uncomfortable? Can something be true but still inappropriate or unkind? We can't control what others post or say, but we can make sure all the messages we share are true and kind.

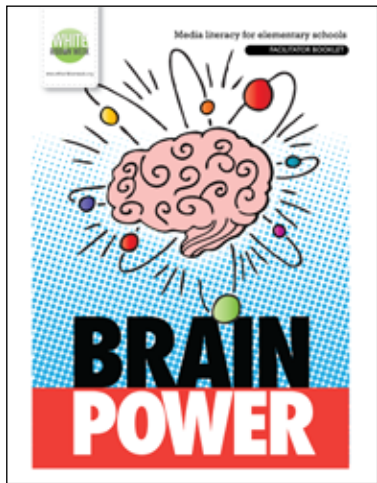
Each day of White Ribbon Week, student “Detectives” explore a new **T.H.I.N.K.** question to ask about media.

- It is **TRUE**?
- **HOW** does it get my attention?
- I can choose how to respond to media. Is this a good choice for me?
- What are they **NOT** telling me?
- Do I **KNOW** who made the message and why?

Classroom discussions require **no advance preparation for teachers**. True stories, thought-provoking visuals, and meaningful questions are included.







# Sneak Peek Brain Power



Kids learn the movie and video game rating system.

Based on current brain science, “Brain Power” gives students an exciting opportunity to boost their brain power in the “Brain Center” with brain-boosting foods, physical activity and and mental challenges.

Students also learn about three media brain dangers:

- **violent media**
- **indecent media, and**
- **excessive screen time**

with practical tips for keeping their brains safe and healthy.

Includes doable tips for using tech for good. #usetech4good

## Facilitator Guide

### SETTING UP A “BRAIN CENTER”



## How Do I set up a “Brain Center?”

Use an empty classroom or portion of the school gymnasium. Students come to the “Brain Center” after lunch during their recess. This fun daily activity reminds kids to make good choices for their brain!

The Brain Center contains three sections which will change daily:

### Feed your Brain!

Challenge the kids to try something new! Vitamin K enhances brain function and Vitamin C improves brain function and memory. Did you know that foods high in omega-3 fatty acids actually increase the volume of the brain! Eat up!

Suggestions include: blueberries, salmon, almonds, (caution those with nut allergies), avocados, beans, pumpkin seeds, broccoli, pomegranate seeds, or dark chocolate.

### Challenge your Brain!

Set up a table with brain teasers or puzzles printed on a half sheet of paper to stretch those brains! Have extras for kids to share with moms and dads!

Suggestions include: playing chess or checkers, Sudoku, memorizing poetry, doing mental math, learning words in another language, drawing a map or trying to write words backwards or with your opposite hand.

### Exercise your Brain!

Select a fun physical activity! Aerobic exercise pumps more oxygen to the brain and releases hormones that stimulate brain growth! Even exercising for 20 minutes improves memory!

Suggestions include: Double dutch jumping rope, juggling with tennis balls, miniature golf, jumping jacks or yoga.

### BRAIN CENTER TIPS:

- If possible have 2 volunteer adults at each station.
- Set a timer and remind certain grades to go to recess. (They all will want to stay which makes for a pretty big group!)
- Set out many small cupcake liners in advance with a food sample in each to speed up the serving of food.
- Try to engage in conversations as much as you can while you’re having fun! Teach the kids about what is good and bad for the brain!
- Label the “Brain Center” with a large poster or banner. It’s helpful to have a diagram of the brain and the functions of each part on a wall in the Brain Center. (included in our Brain Power downloads.)

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## Facilitator Checklist

Use this list to keep track of tasks and make committee assignments. Remember, some of these activities are optional (see “Adapt For Your School” on page 18.)

- Prior to White Ribbon Week:**
  - Review the plan for the week with your principal and PTA/PTO president.
  - Establish a date for White Ribbon Week.
  - Review your budget for White Ribbon Week.
  - Organize and meet with a committee of volunteers and delegate tasks.
  - Order any supplemental materials, including extra Discussion Guides for each teacher at [whiteribbonweek.org](http://whiteribbonweek.org)
  - With permission, attend a faculty meeting and present your plan to teachers; distribute “Discussion Guide.”
  - Copy “Are You a Trusted Adult?” and the “Healthy Media Pledge” (pages 22-23).
  - Design and distribute invitations for a parent meeting.
  - Order or copy bookmarks.
  - Ask for donations for a raffle, (balls, jump ropes, passes to do real-life activities i.e. bowling, climbing, trampoline, swimming, and skating places).
- Prepare ahead of time for each lunchtime activity:**
  - For Day 1: Copy cell phone papers (page 11).
  - For Day 2: Cut paper pennants (page 11).
  - For Day 3: Select stress-relieving activities and prepare materials.
  - For Day 4: Organize balancing activities.
  - For Day 5: Prepare materials for Tic-Tac-Toe game.

### At the beginning of White Ribbon Week:

- Hang up any posters or banners.
- Distribute circle graphs (and optional bookmarks) to each classroom.
- Distribute raffle tickets & envelopes to each class (optional).
- Announce where to send digital snapshots for end-of-week slideshow.
- Send parent letter with invitation to parent meeting.
- Organize and purchase breakfast items (optional) for parent meeting.
- Plan and present parent meeting.

### At the end of the week:

- Announce winners of raffle.
- Present slideshow or Review Activity.
- With your principal, select a date for next year’s White Ribbon Week.
- Send a photo and feedback of your week to [info@whiteribbonweek.org](mailto:info@whiteribbonweek.org).

Organizers don’t have to be technology experts. The checklist in each program makes the process simple.

Reproducible **Trusted Adult** letter helps parents create a safe and comfortable environment for kids to talk.

**Healthy Media Pledge** helps families discuss their own media rules.



Kids love visiting the Brain Center each day during lunch to **feed the brain**, exercise the brain and challenge the brain. How about edamame, jump rope and sudoku?



White Ribbon Week puts the filter in the kid.

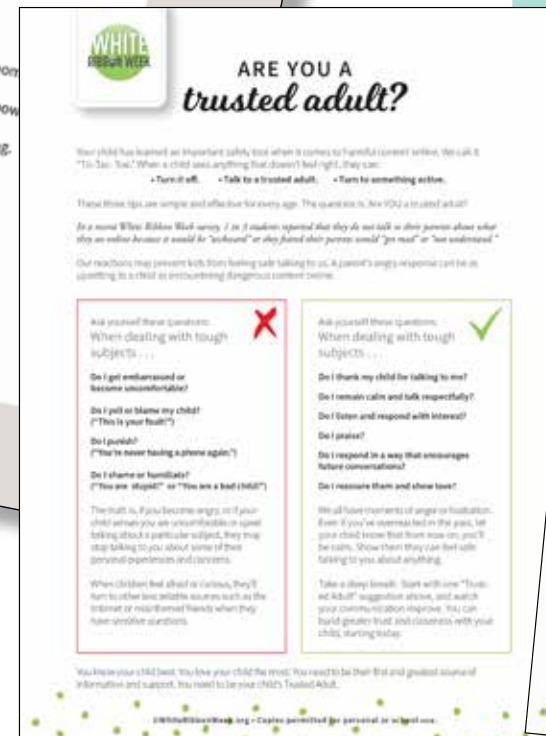


Giant banner challenges students to identify **1001 ways** to boost their brain power.



Kids film a 10-second video of their favorite brain-boosting activity which are compiled into an end-of week video for the whole school.

[whiteribbonweek.org](http://whiteribbonweek.org)







[www.whiteribbonweek.org](http://www.whiteribbonweek.org)

Bookmarks, banners, posters and more are available at [whiteribbonweek.org](http://whiteribbonweek.org).

## Media Detective Supplementary Materials



### Media Detective Program Guides

Choose pdf and/or physical copy.

- Digital:** PDF of Facilitator Guide & Discussion Guide for teachers. Make copies as needed for your school for 1 year. **\$60.00**
- Print:** Includes 2 Facilitator Guides as well as 10 Discussion Guides for teachers. **\$60.00**
- Combo:** Includes 2 Facilitator Guides, 10 Discussion Guides & PDF files of each. (Make copies as needed for 1 year). **\$75.00**
- Additional Discussion Guides:** This half-size booklet contains 5 mini-lesson plans (one for each of the THINK questions) for classroom or home. (One for each teacher). **\$3.00 ea.**



### Bookmarks

(8" x 2.4")

Colorful, sturdy, double-sided bookmarks reinforce Tic Tac Toe and the THINK questions to ask about media.

**100/\$10.00**



### Media Detective Mustaches

Students wear these adhesive mustaches proudly after learning to analyze media. (Suggested activity p. 7 of Facilitator Guide)

**100/\$15**



### Banner (81" x 44")

Colorful paper banner announces White Ribbon Week in a big way.

**\$35.00**



### Posters 12" x 18"

THINK messages - Tic Tac Toe - Word of the Day (50)

**\$5.00ea.**



### Media Message Hunt Cards 12" x 6"

Students love searching the school for 35 positive media messages. Full-color on heavy card stock. (Suggested activity, p. 9 of Facilitator Guide)

**\$32.00**



### Adhesive Poster Makers 11" x 8.5"

Create an instant classroom poster on your own 22" x 28" poster board. Order one per classroom. (Suggested activity, p. 9 of Facilitator Guide)

**\$2.00 ea.**



### Our Family Media Pledge & Are You a Trusted Adult

Encourage open discussions about media at home with these positive family helps printed on heavy paper suitable for posting. (Available in Spanish)

**50 sheets/\$5**



### Flash Drive

(For added convenience.) Contains 5 Daily Videos. **\$20.00**

### BUNDLE PRICING

Combo: pdf and print copies, 2 Facilitator Guides & 10 Discussion Guides  
1 banner  
10 posters (4 THINK, 1 Tic Tac Toe, and 5 Word of the Day)  
500 bookmarks  
500 mustaches  
1 set Media Message Hunt Cards

**\$265.00 (save \$50)**

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and follow us on social media!



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