

# Texas Medicaid Waiver Program List

## Descriptions and Interest List Contact Information

Medicaid home and community-based waiver programs provide services and supports to persons with Intellectual Disabilities who live in their own home, in their family's home, or in other home-like settings in the community. They are called "waivers" because certain usual Medicaid requirements are waived, such as the parent's income and resources.

In most situations an individual who is eligible for a waiver program is also eligible for Medicaid. Even if the special needs individual is covered by other insurance, Medicaid may provide long term services and supports.

- ☒ **Home and Community Based Services (HCS) Program:** The HCS Program provides services to individuals with Intellectual Disabilities of all ages who are residing in the community. Some services included are residential options, companion care, day programs, and respite. Individuals must have an intellectual disability or a diagnosis of a related condition with an IQ of 75 or below. There is no age limit. HCS may be up to a 14 year wait list.

**Texas Home Living (TxHmL) Program:** The Texas Home Living (TxHmL) program provides selected essential services and supports to people with an intellectual disability or a related condition who live in their own home or their family's home. TxHmL requires that you be receiving or eligible for SSI/Medicaid, or Medical Assistance Only (MAO) Medicaid. TxHmL does not waive the parent's income. TxHmL has no interest list, but requires that the person be on the waiting list for Home and Community-based Services (HCS).

- ☒ **Community Living Assistance and Support Services (CLASS) Program:** The CLASS Program provides services to both children and adults with an intellectual disability or a related condition, that originated before age 22, and affects the ability to function in daily life. Services include respite, nursing services, adaptive aids and medical supplies, minor home modifications, case management, and other related services. There is no residential component to CLASS. CLASS may be up to a 12 year wait list.

**Deaf-Blind Multiple Disabilities Program (DBMD):** Serves individuals of all ages who are deaf and blind and who have another disability that has resulted in a demonstrated need for daily habilitation services. This program may have residential services. This program has a short interest list.

- ☒ **Medically Dependent Children's Program (MDCP)** is for individuals under age 21 who meet the medical necessity criteria for nursing facility care. Services include adaptive aids, minor home modifications, respite services, and family support services. MDCP may be up to a 5 year wait list.

**STAR+PLUS Waiver Program (formerly CBA):** The Star+Plus Waiver program provides services to aged and disabled adults (21 years of age or older) as a cost-effective alternative to institutional settings, as in a nursing facility. Star+Plus Waiver is for individuals age 21 or older, that meet the medical necessity criteria for nursing facility care. Services are administered by a Managed Care Organization (MCO). There is no waiting list for Star+Plus Waiver.

**Youth Empowerment Services Waiver Program (YES)** is a Medicaid Waiver Program for Children with Severe Emotional Disturbance. YES provides services to youth who would otherwise need institutional care (e.g. psychiatric inpatient care), or whose parents would turn to the state custody for care. YES program waives the parent's income. This program may have a waiting list depending on the service area. YES services are offered in limited areas of the state.

This information is provided as a courtesy by:

**For Families of Special Needs, Inc.**

972-964-3444 [www.forfamiliesofspecialneeds.com](http://www.forfamiliesofspecialneeds.com); [www.txlifeplanning.com](http://www.txlifeplanning.com)



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The Department of Aging and Disability Services (DADS) maintains an “Interest List” (previously known as the “Waiting List”) for individuals with disabilities and their families who are requesting Medicaid waiver services. Some waivers are available immediately, while others have a wait time up to 14 years. To find out the amount of time an individual typically waits for services, click on the following link:

<http://www.dads.state.tx.us/services/interestlist/>

Reference: Explanation of Services and Supports- [www.dads.state.tx.us](http://www.dads.state.tx.us)

You can be on as many interest lists as you choose, but you may only receive services from one waiver program at a time.

## How do I sign Up?

**Just say:**

**“I want to be placed on the Medicaid Waiver List for CLASS, MDCP, DBMD, YES, or Star Plus Waiver.”**

Community Living Assistance and Support Services Program (CLASS) DADS 1-877-438-5658

Medically Dependent Children Program (MDCP) DADS 1-877-438-5658

Deaf Blind/Multiple Disability Program (DBMD) DADS 1-877-438-5658

Youth Empowerment Services (YES) Travis and Bexar County Only DSHS 1-888-963-7111

**Just say:**

**“I want to be placed on the Medicaid Waiver Program List for Home and Community Based Services and Texas Home Living.”**

**IMPORTANT:** Ask for written confirmation that your family member is on the list!

## HCS Contact List for the Area

### **Dallas County**

Dallas MetroCare Services  
1330 River Bend Dr. Ste 300  
Dallas, TX 75247  
Dr. Miles  
214-948-9950

### **Tarrant County**

MHMR of Tarrant County  
1300 Circle Dr.  
Ft. Worth, TX 76119  
(817) 569-4140  
Kim Lambert

### **Johnson Ellis Navarro County**

Lakes Regional Community Center  
101 Executive Ct. Ste 200  
Waxahachie, TX 75165  
903-872-2491  
Crystal Richardson

### **Collin County**

LifePath Systems  
7308 Alma  
Plano, TX 75025  
(972) 727-9133  
Ashley Hart ext 2131

### **Denton County**

Denton County MHMR Center  
P.O. Box 23461  
Denton, TX 76202  
(940) 565-5277  
Meagan Crowley

### **Kaufman/Rockwall Counties**

Lakes Regional Community Center  
655 Airport Rd  
Sulphur Springs, TX 75482  
(903) 438-3270 ext 1734  
Mary Brown

If your county is not on the list, please visit <https://www.dads.state.tx.us/contact/search.cfm> for your LOCAL AUTHORITY (LA)

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