# Unpackaging Implicit Biases

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## **Self-Reflection**

Rate your experiences of implementation of the <u>10</u> statements

https://tinyurl.com/ycvv9449

Unpackaging Implicit Biases: Self Reflection Rate your experiences of implementation of the 10 statements. \* Required

# **Session Objectives**

5.10(2) In order to know, understand and apply major theories, concepts and research related to culture, diversity and equity in order to support academic success we will:

Calibrate understanding of Implicit Bias scl

Discuss implicit bias and its impact on decision making in schools and classroom settings Explore strategies to effectively address implicit bias and the facilitation of culturally responsive school environments



#### **Session Events**

01 **Opening** Self-actualization and reflections

02

### What does it mean?

Calibrating understandings

03

#### Why should I care? Discovering relevance and purpose

04

#### How do I adjust?

Implementing instruments of change





(1) Help participants explore how they first became concious of prejudice and discrimination and the feelings associated with this consciousness.

(2) Make participants aware that everyone has experienced prejudice and discrimination and that it comes in a variety of forms (not just racial).

(3) Help participants understand the difference between individual experiences of bias and systemic oppression.

Implicit Bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner

# Why should I care?

### **Doll Test Clip**

- Culture is all around us
- Supports identity
- Creates conversations for awareness and change



## How do I adjust?

"To be the change we wish to see in the world, we need to be aware of our awareness, to hold within this place of knowing our own unfolding sense of being awake. It requires that we hold our own intention in front of our minds- that we pay attention to our intention."

- Dan Siegel, UCLA



# How do I adjust?

Participants share their experiences as students, exploring different ways people are made to feel "included" in and "excluded" from the learning process. We will explore:

(1) the range of learning styles and needs in any group of people,

(2) the importance of reflective practice and understanding one's own socialization, and

(3) the power teachers have through both implicit and explicit actions.

# How do I adjust?

#### Culturally Responsive Teaching and Teaching Frameworks



Examine and evaluate campus and district frameworks for culture, diversity, and equity

#### **Cultivating a Culturally Sound**



Consistently provide professional development opportunities and conversations that strengthen personnel on cultural practices

#### Cultural Curriculum Interventions

Identify and schedule cultural interventions to be implemented daily or weekly in the instructional environment



#### Community Conversations Centered around Culture

Evaluate what opportunities are being offered to invite all local stakeholders into the improvement of cultural practices for those that are being serviced

### **Influential Reads**



# Cultural Competence NOW

56 Exercises to Help Educators Understand and Challenge **Bias, Racism,** and **Privilege** 

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