We Live In A Digital World

DIGITAL RESPONS A BILITY

EDUCATE · INFORM · EMPOWER

"Finally a way to train people not to re-act automatically to every stimuli."
- Betty

My students loved your presentation and thought you were great! We hope you will return again to our school for more presentations! - Elisha

We believe in a research-based prevention science approach to technology and human behavior.

We also provide one-on-one digital parenting consultations.

Contact Us Today

We Can Help You:
- Develop an intervention strategy to create healthy online behaviors in the home.
- Mediate family conversations around technology use.
- Help parents learn to monitor their children's online behavior.
- Design family and individual digital media plans.
- Work with your children to understand risky or unhealthy behaviors.

contact@respons-ability.net

https://respons-ability.net/

YOUR CHILD CAN BE A GOOD DIGITAL CITIZEN

We provide Digital Parenting training for free through a contract with the state of Utah.

Set up your child up to be a smart, safe and savvy 21st century digital citizen.

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Helping children develop healthy patterns in our digital world

Why is it important for your child to be a good digital citizen?

- Students are in an information-saturated world and need to be able to differentiate between false and factual information.

- Employers such as Google cite such skills as communication and emotional intelligence as the most important markers of employee success. More companies are looking for soft skills that can be developed through digital citizenship.

- Students who understand digital citizenship are more interested in STEM careers.

- **MOST IMPORTANTLY: Students who are good digital citizens are less likely to engage in unhealthy online behaviors.**

WHAT WE OFFER PARENTS

Digital Respons-Ability has help for parents navigating the use of technology in their children's lives.

The 3 M's of **DIGITAL PARENTING**

MODEL:

Model a healthy digital lifestyle for your children by using technology appropriately. Parents are their children's first teachers!

Showing your child how to have a healthy relationship with your devices

MANAGE:

Manage personal information and accounts for young children. As they grow, allow them to become the managers of those accounts and teach them how to use them.

Helping your child know when and where to use their devices

MONITOR:

Once children have started managing their own accounts, continue to monitor their activity. Pay special attention to any behaviors that risk their personal information.

Watching for negative or risky behaviors