



29 ACRES

INDIVIDUAL GROWTH. COLLECTIVE PROGRESS.

# Overview & Updates

# What Is 29 Acres?

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29 Acres is an innovative supported living community for adults with ASD and other neuro-diversities designed to elevate quality of life by creating an environment that results in greater joy, self-fulfillment, and independence. 29 Acres has four different programs that support the full spectrum of autism. It all started when a group of families came together to fill a need for quality housing and programming for adults living with autism in North Texas.

**Watch This Video: <https://youtu.be/czpnbXtaqzo>**

# What do we offer?

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## Independent Housing

- 29 Acres Living Community

## Programs & Support Services

- Transition Academy
- Enrichment Services
- Summer Transition Experience
- Employment Services



# Living Community

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The 29 Acres living community is designed to be autism friendly and is most like a co-housing model, built for safety and security.



# 29 Acres Living Community

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- Opening Summer 2020
- Independent Living
- Phase 1 has 8 houses
- 32 Residents
- Private bedroom with shared living space
- Assortment of amenities included in rent
- Direct support to be billed separately and will be provided by the agency or person of resident's choice.

Watch This Video For Construction Pictures: <https://youtu.be/MCTfQr6TOYQ>

# Rent includes:

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- Overnight Security Guard
- Concierge and Help Desk
- Property Manager on-site 12 hours/day everyday
- All utilities including internet
- Scheduled Transportation (grocery store, places of worship)
- Amenities access (pool, hot tub, community center, gym, garden)
- Learning Opportunities (Budgeting Class, Cooking Class)
- Social Opportunities (Movie Night, Taco Tuesday)
- Recreational Opportunities (paddle boarding/hiking club/yoga on the lawn)

# Single Story Homes - \$2,900/month/resident



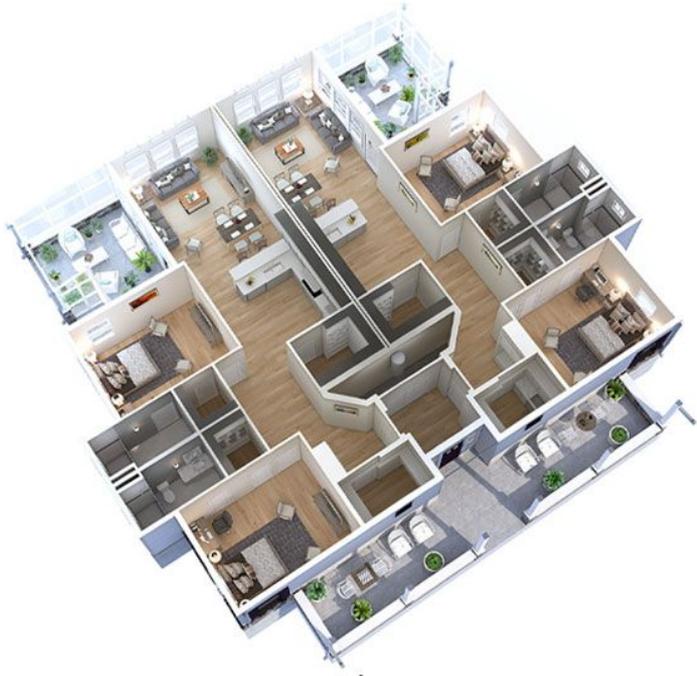
**Personal Bedroom (sized 16'1" x 13'7" )**

**Personal Bathroom and Closet**

**Shared Living Space (Kitchen and Living Room)**

# Duplex Homes - \$3,100 / month /resident

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**Personal Bedroom (15'9" x 12'11" )**

**Personal Bathroom and Closet**

**Shared Living Space (Kitchen and Living Room)**

# Two Story Homes

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## **Master bedroom: \$3100/mo**

- Personal bedroom and bathroom
- Bedroom Size 13'7" x 15'4"

## **Downstairs bedroom: \$2600/mo**

- Personal bedroom and bathroom
- Bedroom Size 11'2" x 11'2"

## **Jack and Jill bedrooms: \$2700/mo**

- Personal bedroom and shared bathroom
- Bedroom Size 10'7" x 17'4"

## **Upstairs bedroom: \$2900/mo**

- Personal bedroom and bathroom
- Bedroom Size 10'3" x 15'

# Individualized Programs & Supports

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- Overseen by BCBA with ABA principles
- Individualized goals
- Low staff to adult ratio
- Evidenced -based
- Highly trained staff
- Data based decisions
- Community based experiences
- Vocational training
- Person centered
- Ongoing learning
- Community partnerships
- Social Skills development
- Designed programming



# Transition Academy

## Next Class Starting August 2020

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A two-year residential program for learning crucial independent living and career readiness skills through our proven curriculum, and gaining work experience through internships and jobs.



# Transition Academy - Program

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- Modeled after a proven program with published outcomes
- 2 year residential program for high functioning adults with ASD
- Students who are motivated to learn to live independently
- Students live with their peers in their first homes
- Take courses from our instructor at UNT Denton campus
- Weekly meetings with Student Coordinators for individualized goal setting
- Weekly 1-1 cooking lesson
- Receive vocational training and job placement
- Able to take concurrent college / certification programs
- Social & community based programming inclusive of evening and weekends
- Optional ongoing support following graduation
- Currently accepting students for August 2020 class

**Watch this video: <https://youtu.be/yyxvCXZx2Ho>**

# Transition Academy Schedule Example

	SUN 26	MON 27	TUE 28	WED 29	THU 30	FRI 31	SAT 1		
GMT-05									
GMT-05		AM Readiness / Breakfa: 7:30 – 8:30am	AM Readiness / Breakfa: 7:30 – 8:30am						
9 AM	AM Readiness / Breakfa: 9 – 10am	House Meeting 9 – 10am	House Meeting 9 – 10am	House Meeting 9 – 10am	House Meeting 9 – 10am	House Meeting 9 – 10am	Work Shift 9am – 3pm		
10 AM	House Meeting 10 – 11am	Independent Living Classes 10am – 12pm							
11 AM	Gym / Exercise 11am – 12pm					Grocery Store 11am – 12pm			
12 PM	Lunch 12 – 1pm	Lunch with peers 12 – 1pm	Lunch with peers 12 – 1pm	Lunch with peers 12 – 1pm	Lunch with peers 12 – 1pm	Lunch 12 – 1pm			
1 PM		Vocational Meeting 1 – 2pm	Grocery Store 1 – 2pm	Vocational Training 1 – 2pm		Deep Clean 1 – 3pm			
2 PM	Planned Social Outing: Bowling and frozen yogurt 2 – 4pm	Weekly Check In 1 2 – 3pm	Work Shift 2 – 7pm	Weekly Check In 2 2 – 3pm	Work Shift 2 – 7pm				
3 PM		Gym / Exercise 3 – 4pm		Gym / Exercise 3 – 4pm		Gym / Exercise 3 – 4pm			
4 PM	PM Meeting, 4pm	PM Meeting, 4pm				PM Meeting, 4pm		PM Meeting, 4pm	PM Meeting, 4pm
5 PM	Dinner 5 – 6pm	Dinner 5 – 6pm				Dinner 5 – 6pm			Dinner 5 – 6pm
6 PM		House Social 6 – 8pm		House Social 6 – 8pm		Individual Cook: Staff Taught Lesson 5:30 – 7pm			
7 PM			Dinner 7 – 8pm		Dinner 7 – 8pm				
8 PM									

# Transition Academy - Program Cost

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**Residential Transition Academy:** \$4,550 per month

Additional: \$700 per month for learning to budget (food, social and incidentals)

Please note: As students start to make their own money parents will put less into their accounts each month.

## **Funding:**

- Private pay
- Partial scholarship money based on need
- Texas Workforce Commission - can help offset cost of employment services for eligible students

# Enrichment Services

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Our support services are designed to model a typical adult life. One that occurs in the community and is supported by strong & meaningful social connections and relationships.



# Enrichment - Program

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- Launched July 2019. 9-5 support now, 24/7 support coming this summer
- Full time or part time opportunities
- Serves the full spectrum of Autism
- Each client has their own goals and life plan
- Natural environment / “On the go” programming
- Emphasis on community partnerships
- Vocational training, Adapted Sports, Life Skills, Social Skills
- Friendships/authentic relationships

# Enrichment Example Schedule

	MON 9	TUE 10	WED 11	THU 12	FRI 13
9 AM	AM Meeting, Chores, Budget, 9am	AM Meeting, Chores, Budget, 9am	AM Meeting, Chores, Budget, 9am	AM Meeting, Chores, Budget, 9am	AM Meeting, Chores, Budget, 9am
10 AM	Social Skills Game 9:30 – 10:30am	Grapevine Botanical Gardens and Greenhouse walk 9:30 – 11am	Park Walk + Outdoor Games (Practice Street Safety) 9:30 – 11am	Grocery Store (Practice Shopping S 9:30 – 10:30am	Social Skills Game, 9:30am
11 AM	SCRAP volunteering 10:30 – 11:30am	Lunar Golf 11am – 12pm	Volunteering at SOHO Salon 11am – 12pm	Cooking Class 10:30 – 11:30am	Volunteer at Clear Creek 10 – 11am
12 PM	Lunch at the Hub 11:30am – 12:30pm	Student Choice: Lunch Near Grapev 12 – 1pm	Student Choice Lunch: Chili's, Olive 12 – 1pm	Making Lunch at The Hub 11:30am – 12:30pm	Trip to Park 11am – 12pm
1 PM	PM Chores, Break Time, 12:30pm	Scavenger Hunt at Bear Creek Park 1 – 2pm	Student Birthday Celebration 1 – 2pm	Top Golf 12:30 – 2:30pm	Lunch at the Hub 12 – 1pm
2 PM	Student Choice: Indoor Swimming, Bike Lesson at PC, or Hiking at Clear Creek 2 – 3:30pm	Grocery Store Run (Practice Finding 2 – 3pm	Student Choice: Swimming, Hike at Clear Creek, or Bowling 2 – 4pm	Work Out Class @ TWU 2:30 – 3:30pm	PM Chores, Individual Goal Activity 1 – 2pm
3 PM	Goal Focused Individual Activities, 3:30 – 4:30pm	Individual Goals Activity 3 – 4pm		PM Chores, 3:30pm	Karaoke at Main Event 2 – 3:30pm
4 PM	Student Check Out, Glow , 4:30pm	Student Choice: Zumba, Out, 4pm	PM Chores, Break, 4pm	Social Skills Game, 4pm	Rotations (Focus on Physical Health 3:30 – 4:30pm
5 PM		Student Check Out, Glow , 4:30pm	Student Check Out, Glow , 4:30pm	Student Check Out, Glow , 4:30pm	Student Check Out, Glow , 4:30pm

# Enrichment - Cost

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Program fees are individualized and based on level of support needed to meet customized goals. The level of supports needed will be agreed upon during intake.

1:1 \$35/hr or \$280/day

1:2 \$26/hr or \$208/day

1:3/4 \$19/hr or \$136/day

**Possible funding sources:** Private pay, insurance billing and partial scholarships based on need

29 Acres is also a vendor for Texas Workforce Solutions for Denton and Collin County and will accept some Medicaid waivers through HCS and TxHML

# Summer Experience

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Evidence based summer programming for adults with autism and related neurodiversities (Ages 16+).



# Summer Transition Experience - Program

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- 6 week M-F Summer programming 6 weeks June 1st
- Day option 9:00-5:00
- Part time attendance - 3 or 4 days a week options may be available
- Residential option / Overnight camp
- Adults with Autism and related neurodiversities (Ages 16+)
- Located in Denton with transportation from Frisco & Lewisville
- Serves the full spectrum of Autism

# Summer Transition Experience - Program

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- Partnership with Texas Woman's University Kinesiology Department and Lewisville Environmental Learning Center
- Adaptive Lake Program and other recreational activities
- Vocational training with volunteer opportunities
- Daily Living Skills and Social Skills
- Natural Environment based (not centered based)

# Summer Transition Experience - Cost

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Summer Transition Experience 2020:

\$1250 / week for 5 day camp or \$2,500 / week of overnight camp

Program Cost Include:

- Highly trained staff at 1:2 ratio (1:1 during lake activities)
- Adapted sports
- Program materials
- Activity transportation
- Food (Meals & Snack)

Funding: Private pay and 29 Acres partial scholarships based on need

# Employment Services

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Provides customers with individualized employment opportunities that are suited to their vocational goals.

We are a vendor for Texas Workforce Solutions-Vocational Rehabilitation Services and approved to provide the following services to individuals in Denton and Collin Counties:

- Job Skills Training
- Job Placement
- Supported Employment
- Work Experience
- Vocational Adjustment Training

# Additional Questions? Ready to Apply?

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