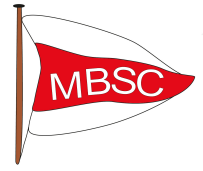


Minnis Bay Sailing Club

Taster Session



Welcome to Minnis Bay Sailing Club. We are a voluntary run club and put on these taster days to introduce you to sailing. Today's event will enable you to try out sailing and get to know the club and the people that run it. Hopefully you will have an enjoyable day and we look forward to seeing you again, hopefully as members.

Dates & times

Each of the sessions will be one and a half hours long with at least 45 minutes on the water with boat rigging and familiarisation also being covered on land.

The sessions will available by booking

We will aim to keep to this schedule, however if we need to cancel sessions due to the weather or other circumstances, we will try and inform you in advance via E-mail.

Things to bring

We will provide as much equipment as possible but if you have wetsuits or any other wet gear, please bring it along. Make sure to bring a towel, warm change of clothes, suncream, hat and shoes that you don't mind getting wet (Trainers or plimsolls are best).

Registration

To register you and/or your children for these sessions, please fill in the attached Application and Medical form. Please return you completed forms to Jason North

Insurance

This year's sessions will be held in in the Club's own dinghies. We may use MBSC members own boats under certain circumstances.

Minnis Bay Sailing Club carries public liability insurance. It is most important however that the enclosed forms are completed in detail and signed by all participants or if under 18, their parents/guardians

Eligibility

Children must be at least 8 years old and confident in water, as must adults. Under 16s must be accompanied by adults at all times. Adults must either be on the boat or on the shore during their child's sail. No sailing experience is necessary.

Limitation of liability

Members of Minnis Bay Sailing Club, their guests and visitors may use Club premises, boats, and other facilities provided by the Club entirely at their own risk and implicitly agree to and accept the following limitations of liability. The Club will not be responsible for any damage to, or loss of, property belonging to members, their guests or visitors arising out of the use of the Club premises, the Club boats (or any other facilities provided by the Club).

It is a condition of entry for races or activities organised by the Club that all vessels shall carry third party insurance and this applies to boats used during these taster sessions.

Talley No -

Please indicate your preferred session

Date	Arrival Time	Preferred session	Arrival Time	Preferred session

Your Contact Details

Name		D.O.B	
Address			
Home Phone No.			
Day Phone No.			
Mobile No.			
Email Address			

About You

If you are under 18, please give the name of a parent or guardian	
Telephone No. (in case of emergency)	
Has the participant had any of the following: If the answer to any of these questions is YES please give details - use reverse of form if necessary. Please send any medications in a named container with full instructions to be handed to the leader on arrival	
Asthma or bronchitis	YES/NO
Heart condition	YES/NO
Fits, fainting or blackouts	YES/NO
Severe headaches	YES/NO
Diabetes	YES/NO Type -
Allergies to any known medicine	YES/NO
Any other allergies, e.g. material, food	YES/NO
Other illnesses or disability	YES/NO
Regular medication	YES/NO
Are you/your child receiving any medication for any condition?	YES/NO
Are you/your child suffering from any injury?	YES/NO
In the unlikely event of an accident, do you give your permission for you/your child to be attended to by a Doctor and/or to be taken to a Hospital? Under these circumstances next of kin will of course be contacted immediately	YES/NO

It is your responsibility to make known any potential medical conditions that may affect the personal safety of you/your child during the activities associated with the course/event.

Risk Statement

It must be recognised that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the taster day, you agree and acknowledge that:-

- You are aware of the inherent element of risk involved in the sport and you accept responsibility exposing yourself to such inherent risk while taking part in the taster day
- You accept responsibility for any injury, damage and loss to the extent caused by your own negligence
- You will comply at all times with the instructions of the club members, particularly with regard to handling of the boats, wearing of buoyancy aids and the wearing of suitable clothing for the conditions
- The provision of safety boat cover is limited to such assistance, as can be practically provided in the circumstances

Photography

We may take photographs and video footage of Taster Days for use by us in connection with the promotion of us and our activities. If you object to the use of these images please tick here _____

Consent

I confirm that I have read and fully understand the above registration Terms and agree to comply with them. I consider myself physically fit to take part in the session and can swim 25 metres in light clothing with a buoyancy aid

Signed.....Date.....

Parental/Guardian Consent (if under 18)

I confirm that I have read through the above conditions with him/her and that she/he understands and agrees with them. I consider them physically fit to take part in the session and can swim 25 metres in light clothing with a buoyancy aid. I also confirm that he/she takes part in the Taster Day with my full agreement and that the particulars given above are correct and complete in all respects.

Signed.....Date.....